



SYNCO CHEMICAL CORPORATION



NLGI consistency examples

NLGI number	ASTM worked (60 strokes) penetration at 25 °C <i>tenths of a millimeter</i>	Appearance	Consistency food analog
000	445-475	fluid	cooking oil
00	400-430	semi-fluid	apple sauce
0	355-385	very soft	brown mustard
1	310-340	soft	tomato paste
2	265-295	"normal" grease	peanut butter
3	220-250	firm	vegetable shortening
4	175-205	very firm	frozen yogurt
5	130-160	hard	smooth pate
6	85-115	very hard	cheddar cheese

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